Familial Hypercholesterolemia (FH)

**FH IS COMMON**

FH is a genetic disorder that causes dangerously high levels of LDL ("bad") cholesterol from birth, leading to early heart disease.

- FH affects 1 in 250 people or 30 million worldwide of all races and ethnicities.

- FH is highly underdiagnosed - 90% of people with FH don’t know they have it.

**FH CAUSES EARLY HEART DISEASE**

-17,500 - the same number of people die from FH every year as from car accidents.

-790,000 Americans a year have a heart attack. Untreated individuals with FH have a 20X increased risk of a heart attack.

**FH IS IMPORTANT TO FIND**

Consider screening for FH if you have a family history of high cholesterol and/or early heart disease.

FH can be diagnosed clinically or with a genetic test.

Genetic testing for FH should include pre- and post-genetic counseling.

#FHCantWait

- CONFIRM your diagnosis with an FH specialist.
- TREAT with medications and intensify treatment to keep your LDL in control.
- SCREEN your family to find other family members with FH to minimize their risk.

Learn more and get support at www.theFHfoundation.org