Familial Hypercholesterolemia (FH) is a genetic disorder that causes dangerously high levels of LDL, or “bad” cholesterol, from birth. FH is the genetic disorder that kills most individuals in the world.1

Untreated individuals with FH have up to a 20 times increased lifetime risk of early heart disease.2

30 million people worldwide are living with FH. 
~90% of people with FH are undiagnosed.

If you have a family history of heart disease and very high cholesterol, it could be a family disorder.

FH is manageable. Treatment to lower your LDL can lower your risk of heart disease.

Medications: statins, cholesterol absorption inhibitors, PCSK9 inhibitors and bile acid sequestrants
Apheresis: therapy to remove LDL cholesterol from the blood
Lifestyle Changes: heart healthy diet and regular exercise may help

Since FH runs in families, family screening is critical.

If you have FH, each of your children has a 50% chance of inheriting FH. Compared with other genetic disorders found in children, FH is by far the most common.1

The CDC classifies FH as a Tier 1 Genomic Application, recommending cascade family screening.3

Learn more. Visit www.theFHfoundation.org or call 1-844-434-6334

The FH Foundation Website
www.theFHfoundation.org
Visit the FH Foundation website to discover what the FH Foundation is doing to raise awareness of familial hypercholesterolemia (FH) and saves lives. Here, you will also be able to learn about FH, read FH family stories, watch webinars about treatment options and genetics, and find out what you can do to help!

Newsletters and Updates
www.theFHfoundation.org
Sign up with the FH Foundation to receive monthly news, education and support!

Clinical Trial Alerts
www.theFHfoundation.org/fh-research/clinical-trials
Sign up for routine emails to learn about ongoing clinical trial opportunities or search on your own.

FH Foundation Facebook Page
www.facebook.com/theFHfoundation
Like this public Facebook page to keep up to date with news about the latest developments in FH and FH Foundation activities.

FH Foundation Facebook Discussion Group
www.theFHfoundation.org/get-involved/support-groups
Join the discussion and connect with others who have FH in these private Facebook discussion groups.

* We want to hear from you!
Your story is our story. Email us to share your story with others, ask for help, share an idea, or find out how you can help raise awareness of FH in your community: info@theFHfoundation.org