CREATE YOUR FH FAMILY TREE
When you join, you will have access to an interactive family tree that you can share with your family.

WHAT WE HOPE TO ACHIEVE TOGETHER

- Improve the quality of FH care for today and future generations
- Advance the scientific understanding of FH
- Increase the rate of FH diagnosis

YOUR PRIVACY IS IMPORTANT TO US
The goal of the CASCADE FH Registry is to collect information on individuals with FH. The information is stored in a highly secure portal located on the FH Foundation website.

Your information will be shared with our research partners in a de-identified manner. Your name and contact information will never be provided to any other person, group or organization without your expressed prior permission.

ABOUT THE FH FOUNDATION
We are a patient-centered nonprofit organization dedicated to research, advocacy, and education of all forms of familial hypercholesterolemia (FH).

Our mission is to raise awareness and save lives by increasing the rate of early diagnosis and encouraging proactive treatment. The FH Foundation is a non-profit organization that relies on public support to fulfill this mission.

The FH Foundation is a 501(c)(3) public charity.

Contact Us Toll–Free: 844-434-6334

www.theFHFoundation.org

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Familial hypercholesterolemia (FH) is one of the most common life-threatening family disorders. Individuals with FH remain vastly under-diagnosed and under-treated and are at an increased risk for heart disease and heart attacks at a very young age. However, FH is manageable with proactive treatment.

CASCADE FH® is a National Registry for those living with Familial Hypercholesterolemia.

The CASCADE FH Registry aims to:
- Empower you as an individual with FH and your affected family
- Promote understanding of FH in the medical community and public domain
- Examine gaps in care for those living with FH
- Improve adherence to guideline-recommended treatments for FH

IF LEFT UNTREATED

1 out of 2 men with FH

BY AGE 50

1 out of 3 women with FH

BY AGE 60

WILL HAVE A HEART ATTACK

How to participate:

1. Go to: theFHfoundation.org/registry
2. Click Sign up.
3. Answer 3 simple questions to see if you are eligible.
4. Provide your e-mail address when prompted and follow the link in your inbox.
5. Give us permission to use your data for FH research.
6. Update your information as often as you would like.

6-Month follow-up

Every 6 months you will receive an email asking you to complete a follow-up questionnaire.

“I joined the CASCADE FH Registry so that those in the future who inherit FH will have a better opportunity to live a long and healthy life.”

- Marilyn V.

“You can’t change your family history, but you can change your family’s future.”

- Katherine Wilemon, Founder of the FH Foundation