If left untreated, FH leads to early heart disease and heart attacks.

Adult
LDL-C > 190 mg/dL (4.9 mmol/L)**

Child
LDL-C > 160 mg/dL (4 mmol/L)**
1 in 250 people are living with familial hypercholesterolemia (FH). Less than 10% are diagnosed.*

FH runs in families. If you have FH, every member of your immediate family has a 50% chance of having FH.

Untreated, FH leads to early heart disease and heart attacks.

FH is treatable. The FH Foundation can help.

Familial hypercholesterolemia

- F + H = FH

Family history of early cardiac events + High cholesterol* = Familial Hypercholesterolemia

LDL-C above 190 mg/dL in adults (4.9 mmol/L)**
LDL-C above 160 mg/dL in children (4 mmol/L)**


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