



Familial Hypercholesterolemia (FH)

FH is Common



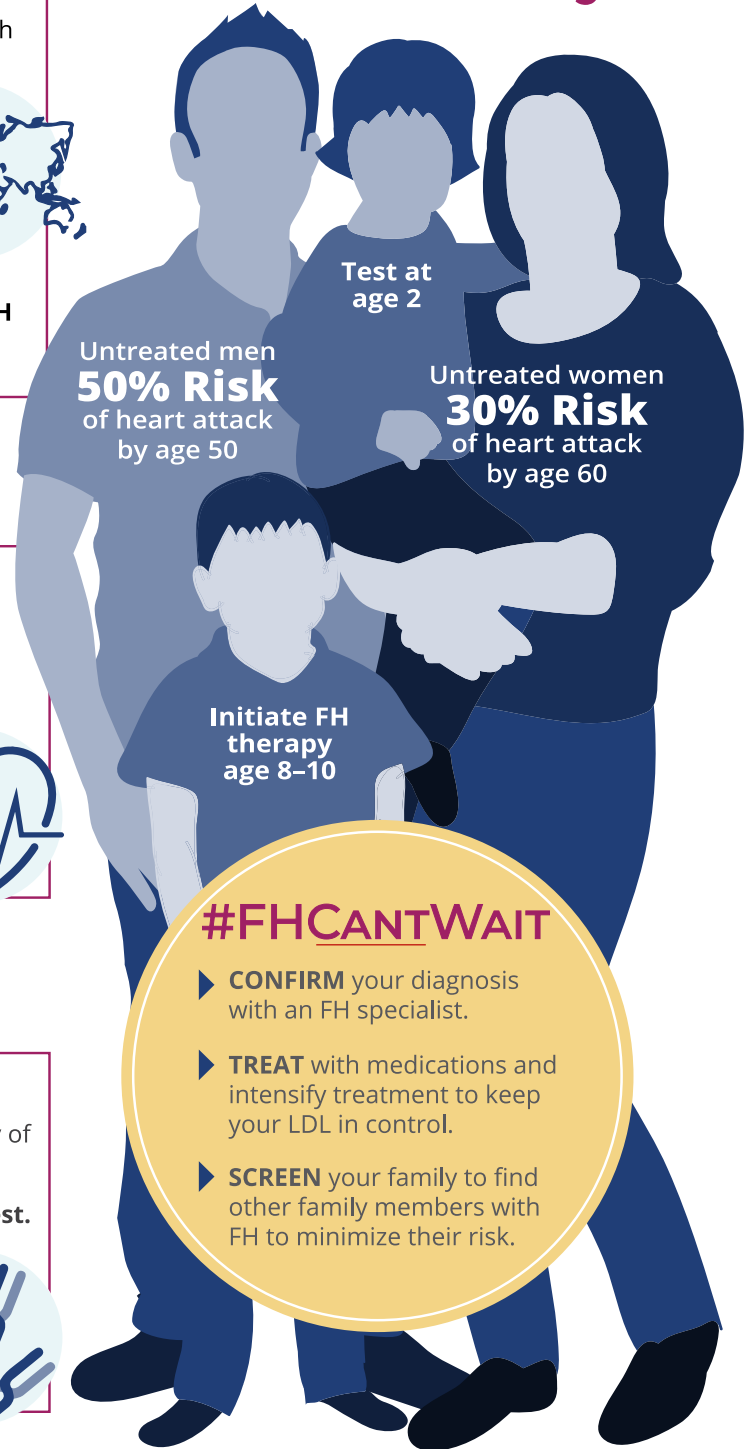
FH is a **genetic disorder** that causes dangerously high levels of **LDL ("bad") cholesterol** from birth, leading to early heart disease.

FH affects **1 in 250 people** or **30 million worldwide** of all races and ethnicities.



FH is highly underdiagnosed – **80% of people with FH don't know they have it.**

FH Family



Untreated men
50% Risk
of heart attack
by age 50

Test at
age 2

Untreated women
30% Risk
of heart attack
by age 60

Initiate FH
therapy
age 8-10

#FHCANTWAIT

- ▶ **CONFIRM** your diagnosis with an FH specialist.
- ▶ **TREAT** with medications and intensify treatment to keep your LDL in control.
- ▶ **SCREEN** your family to find other family members with FH to minimize their risk.

FH Causes Early Heart Disease



~17,500 – the same number of people die from FH every year as from car accidents.

~790,000 Americans a year have a heart attack. Untreated individuals with FH have a **20X increased risk** of a heart attack.



FH is Important to Find



Consider screening for FH if you have a family history of high cholesterol and/or early heart disease.

FH can be diagnosed clinically or with a genetic test.

Genetic testing for FH should include **pre- and post-genetic counseling.**



Learn more and get support at [FamilyHeart.org](https://www.familyheart.org)