Familial Hypercholesterolemia (FH) is a genetic disorder that causes dangerously high levels of LDL, or “bad” cholesterol, from birth. 30 million people worldwide are living with FH. If you have a family history of heart disease and very high cholesterol, it could be a family disorder. FH is manageable. Treatment to lower your LDL can lower your risk of heart disease. Since FH runs in families, family screening is critical. FH is the genetic disorder that kills most individuals in the world. untreated individuals with FH have up to a 20 times increased lifetime risk of early heart disease. 20% of people with FH are undiagnosed. If you have FH, each of your children has a 50% chance of inheriting FH. Compared with other genetic disorders found in children, FH is by far the most common. The CDC classifies FH as a Tier 1 Genomic Application, recommending cascade family screening.

Learn more. Visit www.theFHfoundation.org or call 1-844-434-6334


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