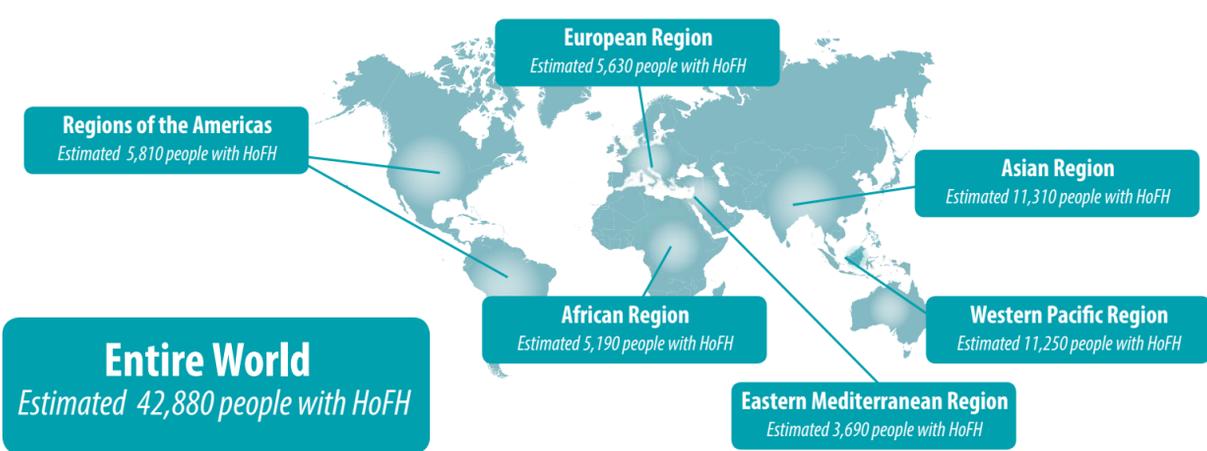


HoFH

Homozygous Familial Hypercholesterolemia

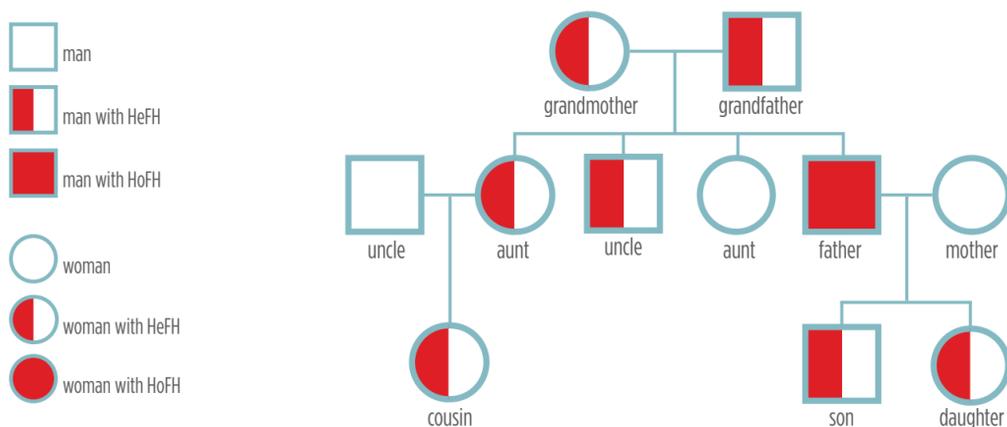
WHAT IS HoFH?

HoFH is the most severe form of familial hypercholesterolemia (FH). It leads to aggressive atherosclerosis (narrowing and blocking of the arteries). If left untreated, heart attack or sudden death can occur in childhood and adulthood. HoFH is a rare disease. It is estimated to affect as many as 1/160,000 people all over the world.



HOW DO YOU GET HoFH?

HoFH is a family disorder. A person who has HoFH has inherited the FH gene from both parents. Each child of an HoFH parent has a 100% chance of having a form of FH.



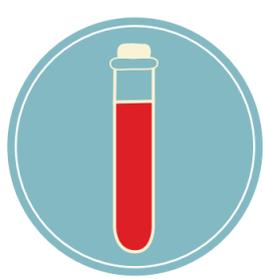
HOW DO I KNOW I HAVE HoFH?

HoFH can be diagnosed with a simple blood test, a physical exam, and family history. HoFH may be confirmed with genetic testing. The signs and symptoms of HoFH, including the level of LDL-C, vary from person to person.



Family History

Family history of high cholesterol, heart disease, or heart attacks.



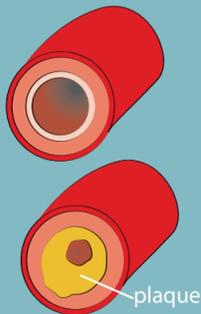
High LDL-C

(very high LDL cholesterol)



Xanthomas

Collections of cholesterol under the skin or in tendons.



It's important to remember that HoFH is a serious and life-threatening medical condition. HoFH leads to progressive and early heart disease in men and women, as well as boys and girls. Serious heart valve narrowing can cause **heart attacks in people under the age of 10!** That's why if you or your child are diagnosed with HoFH, one of the first steps to take – as soon as possible – is to consult a lipid specialist. *Find a lipid specialist [here](#).*

IS HoFH TREATABLE?

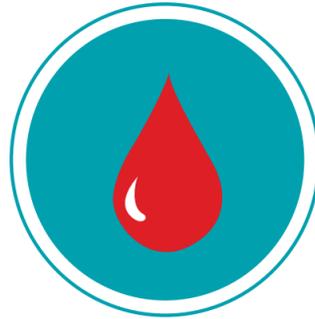


HoFH is treatable. HoFH is so serious that lifestyle changes though important are never enough. A proper combination of medications and apheresis is often required. Be sure to speak with your doctor about what treatment is right for you.



Therapies

Several medications are proven to lower LDL-C in HoFH individuals.



Lipoprotein Apheresis

this process removes LDL Cholesterol from the blood.

WHAT CAN I DO?



EDUCATE YOURSELF

Stay up to date with new data and therapies.

[click here](#)



JOIN A COMMUNITY

Find and connect with other people living with HoFH.

[click here](#)



GET INVOLVED

Help us learn more about FH - Join the FH patient registry!

[click here](#)

www.theFHfoundation.org