Familial Hypercholesterolemia (FH) is a genetic disorder that causes dangerously high levels of LDL, or “bad” cholesterol, from birth. FH is the genetic disorder that kills most individuals in the world.¹

30 million people worldwide are living with FH. ~90% of people with FH are undiagnosed.

If you have a family history of heart disease and very high cholesterol, it could be a family disorder. F + H = FH

FH is manageable. Treatment to lower your LDL can lower your risk of heart disease.

Medications: statins, cholesterol absorption inhibitors, PCSK9 inhibitors and bile acid sequestrants

Apheresis: therapy to remove LDL cholesterol from the blood

Lifestyle Changes: heart healthy diet and regular exercise may help

Since FH runs in families, family screening is critical.

50% If you have FH, each of your children has a 50% chance of inheriting FH.

Compared with other genetic disorders found in children, FH is by far the most common.¹

The CDC classifies FH as a Tier 1 Genomic Application, recommending cascade family screening.³

Learn more. Visit www.theFHfoundation.org or call 1-844-434-6334